



Online National Conference

[Multidisciplinary]

On

**Role of Yoga, Naturopathy and Ayurveda
On Subjective wellbeing and in the
Management of Lifestyle diseases**

[On the Occasion of National Naturopathy Day]

Organized by Department of Yoga

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(Tick whichever is applicable)

Weather: Submitting paper/ Presenting paper/ Only Participation

Title of the paper:

.....

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Academicians/ResearchScholars : 3000

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Post-Graduate Students: 200

Graduate Students: 100

Email ID: conference@jitu.ac.in,

Website: www.jitu.ac.in

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Shri JJT University

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A/c No. - 50200028167665 IFSC - HDFC0001312

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Shri Jagdishprasad Jhabarmal Tibrewala University

(Established U/S(f) of UGC Act. 1956 vide Act No. F2 (5) Vidhi/2/2009 of 5-5-2009 of Govt. of Raj.)

Conducted by Shri Rajasthani Seva Sangh, (Mumbai)

Jhunjhunu-Churu Road, Vidya Nagari, Jhunjhunu, Rajasthan-333010



Date & Time

18th November, 2022 [09:30 AM - 05:00 PM] IST

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Contact for Registration

8805886785, 9643995486

For Registration visit website or follow below link :

<https://forms.gle/qgstyJ4eTbPtizXQA>



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(Co-Convener)

ORGANIZING COMMITTEE

NAME	DESIGNATION
Dr. Sushma Maurya	Assistant Professor
Dr. Tanushree	Assistant Professor
Mrs. Devika Dev	Research Assistant
Mr. Umesh	Attendant

TECHNICAL SUPPORT

NAME	ROLE
Mr. Rajesh Sai	Technical Support
Mr. Sunil Saini	Technical Support
Mr. Arun Pandey	Media Support

ABOUT THE PHYSICAL EDUCATION INSTITUTE

Department of Yoga & Natural Health Science established in the year 2015, is a constituent department of Shri JJT University, Jhunjhunu, Department of Yoga & Natural Health science has been developed in accordance with the Central Council of Research in Yoga accordance with the Central Council of Research in Yoga & Naturopathy, Ministry of AYUSH, Government of India. The college will be developed as a prestigious center for education in Yoga and Naturopathy, nationally as well as internationally.

ABOUT SHRI JJT UNIVERSITY

Shri Jagdishprasad Jhabarmal Tiberwala University is approved by Rajasthan State Govt. Act 2009 Vide F2(5) Vidhi/2/2009. It has been sponsored by Rajasthani Seva Sangh, Mumbai, a registered trust of Industrialists, business houses, who have their roots in Rajasthan, with a view to uplift the academic and economic growth of their native area. The University is located at Vidyanagari, Chudela, Jhunjhunu-Churu Road, Jhunjhunu. The University has highly qualified and experienced faculty educated from premier institutions of India and abroad. The University is research oriented and is focusing on Innovations and Research.

ABOUT THE CONFERENCE

The discipline of Yoga, Naturopathy & Ayurveda has its basis thousands of years ago, long before the first religions or belief systems were born. Yoga is a spiritual discipline based on an extremely subtle science, which focuses on bringing harmony between mind & body, Naturopathy a method of treating illnesses or conditions using natural foods, massages and various other techniques rather than artificial drugs and Ayurveda is the art and science of healthy living. The one day interactive sessions of the conference will provide an international platform to all the Yoga aspirants, Yoga experts, to come together, for sharing their views and experience with the masses for the betterment of the society and the globe as well. At the same time the researches and scholars will get an avenue to present their research findings before audience from across the globe. There will be some technical and experiential sessions on role of Yoga Naturopathy and Ayurveda on immunity pulmonary and mental health.

OBJECTIVES OF CONFERENCE

1. To reduce health Problem.
2. To let people to know the benefits of the yoga Ayurveda & Naturopathy.
3. To promote good mental and physical health of people through yoga, Naturopathy & Ayurveda.
4. To make people aware of physical and mental diseases and its solutions through practicing yoga.
5. To reduce the rate of health challenging diseases all over the world.
6. To get win over all the health challenges through regular yoga practice and naturopathy.
7. To link between protection of health and sustainable health development.

CONFERENCE COVERS THE FOLLOWINGS SUB - THEMES

1. Nurturing Vitality through Naturopathy.
2. Naturopathic diet to improve immunity and health.
3. Management of Life style disorders through Aahar.
4. Panchkarma management in various Acute and chronic Disorders.
5. Ayurveda Lifestyle, Global Healing and Well-Being.
6. Adopting the Ayurveda Lifestyle: Challenges, Opportunities and Benefits.

CALL FOR PAPER

Word limit for abstract: 250 words.

Word limit for full paper: 3000 words, Maximum six pages including graphs, tables and appendix. Paper submission Last Date for publication up to **Dec. 26th, 2022.**

Key words: Maximum 5 words. **Reference Style:** APA style. **Format:** MS Word, Font Times New Roman, Title should be 14 font size and paper font size 12, single spaced and a margin of 1" on all side. Correct name, designation, e-mail ID of the authors and affiliating organization need to be clearly mentioned on the first page of the paper followed by abstract and paper. Paper Publish Duration: 3 Months.

PAPER SUBMISSION LINK

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MODE OF PAYMENT

NEFT or Bank Transfer in favor of Shri JJT University, payable at Jhunjhunu.

REGISTRATION FEE DETAILS

PARTICULARS	AMOUNT
Academicians/Research Scholars	3000
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Graduate Students	100

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